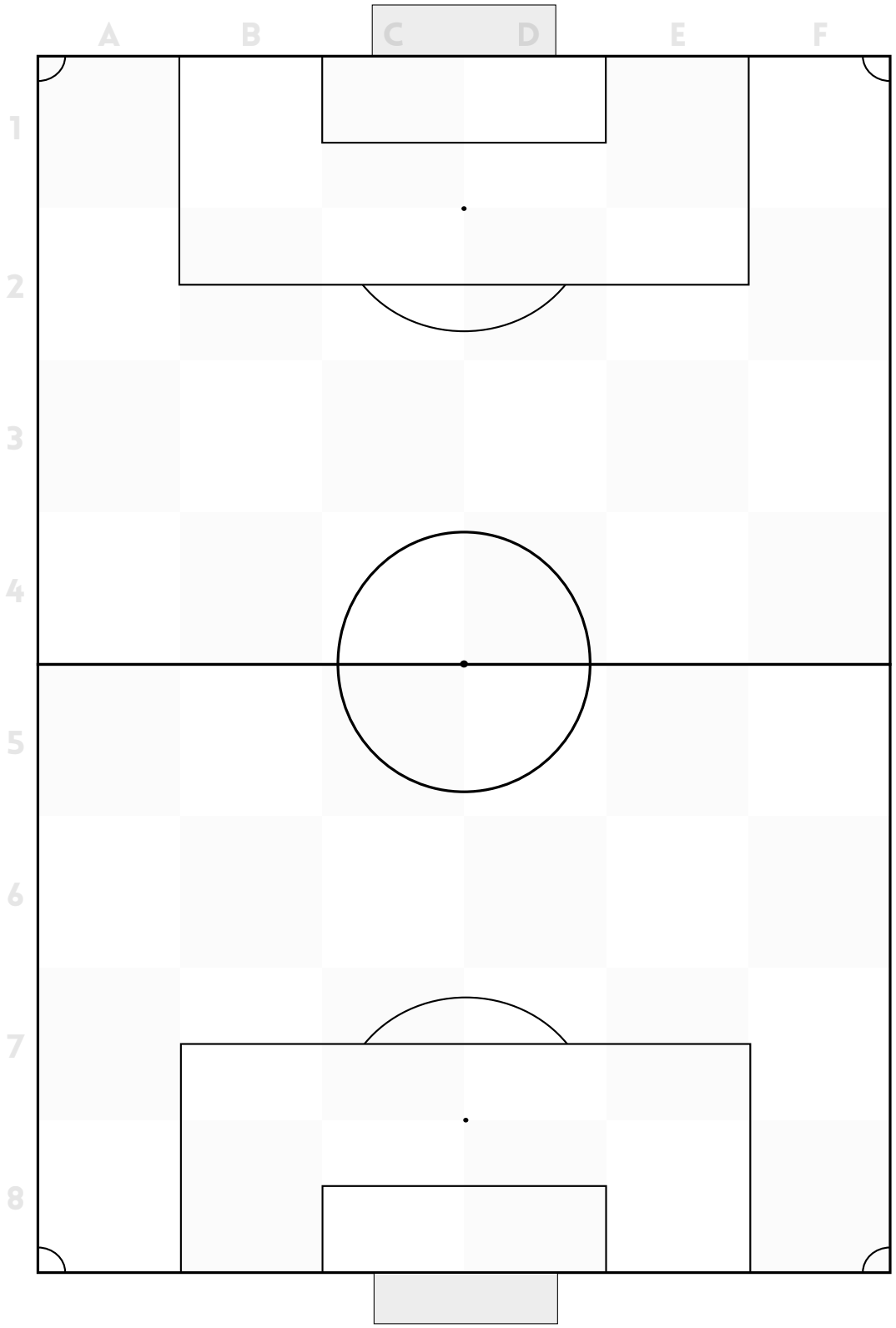
TRAININGSPLANUNG (AUFWÄRMEN)

#FUSSBALL
1x1SPORT.DE

Zeit: Organisation:

Trainingsprogramm:

FAZIT:



NOTIZEN